

OCTOBER 2018

Riverhead Senior Center 631-722-4444

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BREADED BAKED CHICKEN W/ MOZZARELLA TRI COLOR POTATO BROCCOLI	2 SWEDISH MEATBALLS EGG NOODLES SPINACH	3 CHEF SALAD LS HAM, TURKEY CHEESE & EGG POTATO SALAD	4 HOT TURKEY W/ GRAVY MASHED POTATO BRUSSEL SPROUTS	5 STUFFED SOLE WILD RICE OKRA W/ TOMATO
8 <u>CENTER CLOSED</u> <u>COLUMBUS DAY</u>	9 CHICKEN ALFREDO SPAGHETTI BROCCOLI	10 SEAFOOD SALAD OVER ROMAINE MACARONI SALAD CARROT SALAD	11 SHEPHERD'S PIE WITH MASHED POTATO & PEAS	12 BATTER DIPPED COD WHITE RICE SUCCOTASH
15 SMOTHERED CHICKEN WHITE RICE NORMANDY BLEND VEGGIES	16 EGGPLANT PARMESAN PENNE PASTA STRING BEANS	17 CHICKEN SALAD OVER ROMAINE COLE SLAW BEAN SALAD	18 CORNISH HEN <u>90 & OVER PARTY</u> <u>YOU NEED TO</u> <u>PRE REGISTER</u>	19 KRAB CAKES MAC & CHEESE KALE W/ GARLIC
22 CHICKEN CORDON BLEU SWEET POTATO BRUSSEL SPROUTS	23 CHICKEN CACCIATORE RICE SUCCOTASH	24 TURKEY & CHEESE PASTA SALD ROMAINE SALAD	25 MEATLOAF MASHED POTAO BRUSSEL SPROUTS	26 POTATO CRUSTED COD RICE PILAF TOMATO & ZUCCHINI
29 OVEN FRIED CHICKEN ROASTED POTATO COLLARD GREENS	30 MEATBALL STROGANOFF EGG NOODLES	31 <u>HALLOWEEN</u> <u>PARTY</u> <u>COSTUME CONTEST</u> <u>GAMES</u>		

SORRY MENU IS SUBJECT TO CHANGE WITHOUT NOTICE!!