



JANUARY 2018

Riverhead Senior Center 631-722-4444

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 CLOSED NEW YEARS DAY</p> 	<p>2 MEATBALL STROGANOFF EGG NOODLES STRING BEANS</p>	<p>3 STUFFED PEPPERS WHITE RICE ZUCCHINI</p>	<p>4 HAM STEAK BAKED BEANS BROCCOLI CAULIFLOWER</p>	<p>5 BATTERED COD HERB RICE ASPARAGUS TARTAR SAUCE</p>
<p>8 1/4 BAKED BBQ CHICKEN STUFFING SPINACH</p>	<p>9 EGGPLANT ROLLS PASTA W/MEAT SAUCE ITALIAN BLEND</p>	<p>10 HOT TURKEY W/GRAVY BAKED POTATO BRUSSEL SPROUTS</p>	<p>11 BREADED CHICKEN SWEET POTATO STRING BEANS</p>	<p>12 STUFFED SOLE RICE PILAF OKRA W/TOMATO</p>
<p>15 CLOSED MARTIN LUTHER KING DAY</p> 	<p>16 CHICKEN PARMESAN PENNE PASTA ZUCCHINI</p>	<p>17 LEMON CHICKEN WILD RICE SPINACH</p>	<p>18 PORK LOIN WITH GRAVY RED CABBAGE EGG NOODLES</p>	<p>19 BRUNCH SERVED AT 10:30</p>
<p>22 CHICKEN MARSALA SWEET POTATO BROCCOLI E</p>	<p>23 SAUSAGE AND PEPPERS ORZO CAULIFLOWER</p>	<p>24 BEEF STEW EGG NOODLES CARROTS WHOLE BANANA</p>	<p>25 MEATLOAF W/GRAVY MASHED POTATO BRUSSEL SPROUTS</p>	<p>26 POTATO CRUSTED COD BAKED POTATO COLLARD GREENS</p>
<p>29 OVEN FRIED CHICKEN TRI COLORED POTATOS COLLARD GREENS</p>	<p>30 ITALIAN MEATBALLS PENNE PASTA ESCAROLE W/GARLIC</p>	<p>31 CHICKEN CACCIATORE RICE BROCCOLI</p>		

SORRY MENU IS SUBJECT TO CHANGE WITHOUT NOTICE!!